

Grab & Go Breakfast

2018-2019

Daily selections include an Entrée along
with a milk and/or fruit/fruit & optional milk
Meals provide ¼ Recommended Daily Nutrition Allowances.

● **Can be sold as a COMBO**

A la carte



\$1.00 - Mini Muffin (1.9oz), Milk (8oz),
Juice (4oz), or Fruit (individual serving)



\$1.25 - Buttermilk Bar ●,
Pop-tart (single) Cereal Pouch (1oz)



\$1.50 - Large Muffin (3.6oz) ●,
Small Crumb Square (2.2oz), Large Cereal Bowl (2oz) ●
Boscos-7" Mozzarella (single) Breadstick ●



\$1.75 - Large Crumb Cake Square (3.6oz) ●,
Breakfast Taco (Sausage, Egg & Cheese) ●,
Honey Bun (S&S Bakery) ●, Cinnamon Roll ●,
Mini-French Toast – Cinnamon ●,
Mini Bagel-Strawberry or Cream Cheese filled ●



\$2.00 - Bagel & Cream Cheese ●,
Breakfast Tornado (Egg, Turkey Sausage & Cheese) ●,
PB&J ●, WGR Donuts (Choc or Powdered) ●

SDUHSD Nutrition Services

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Menu Subject to change at School Site (updated 8/22/2018)